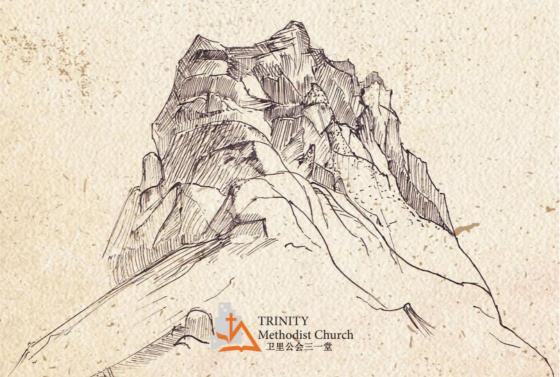
HIGHER 登上更高处

Many are the afflictions of the righteous, but the Lord delivers him out of them all.

Psalm 34:19 (ESV)



ORDER OF WORSHIP

Holy Communion

	Sunday, 8.00am & 9.45am Traditional Services
Preparing	Personal Silent Prayer & Meditation • Prelude
Praising	*Call to Worship (see p4)
	*Hymn of Praise - "Praise to the Lord, the Almighty" (UMH 139)
Praying	Prayer Hymn - "Lead Me, Lord" (UMH 473)
	Personal Silent Prayer & Confession
	Prayer On Behalf of All
	Prayer Response
Participating	Greetings & Welcome
	Concerns & News
	Tithes & Offering
	*Doxology - "My Tribute" (UMH 99)
Proclaiming	Scripture Reading - Psalm 120:1-7
•	Sermon Series: "ASCEND - The Song of Ascents"
	Sermon - "The Lord Our Deliverer" ● Rev Alvin Chan
Partaking	Communion Hymn - "Here, O Lord, I See Thee" (UMH 623)
J	Communion Offering (for the Methodist Welfare Services ¹)
	Celebration of Holy Communion (UMH 12)
	The Lord's Prayer (sung - Malotte)
	Communion Hymns (see p4)
Promising	*Hymn of Promise - "My Faith Looks Up to Thee" (UMH 452)
	*Benediction ● Postlude
	(Please remain seated until after the Postlude and refrain from clapping)
	Church Bells
	Prayer Ministry at Altar

^{*} indicates congregation to stand

¹ Methodist Welfare Services nurtures disadvantaged children, rehabilitates juvenile delinquents, empowers families in distress, cares for the chronically ill, destitute and frail, and engages the socially isolated. www.mws.sg

ORDER OF WORSHIP

Saturday, 4.30pm The Saturday Service

Praising

*Singing of Praise & Worship Songs

Praying

Praise Reports & Prayer Requests

Participating

Welcome

Announcements

Tithes & Offering

*Doxology

Proclaiming

Scripture Reading - Psalm 120:1-7 Sermon Series: "ASCEND - The Song of Ascents"

Sermon - "The Lord Our Deliverer"

• Rev Byron Teo

Promising

*Response Song

*Benediction

Community Time

Sunday, 9.45am Sunday Contemporary Service

Preparing

Personal Silent Prayer & Meditation

Praising

*Call to Worship

*Singing of Praise & Worship Songs

Praying

Praise Reports & Prayers

Corporate Prayer

The Lord's Prayer

Participating

Tithes & Offering

*Doxology

Greetings & Announcements

Community Time

Proclaiming

*Song of Preparation

Scripture Reading - Psalm 120:1-7

Sermon Series: "ASCEND - The Song of Ascents"

Sermon - "The Lord Our Deliverer"

• Rev Byron Teo

Personal Response & Prayer

Promising

*Closing Song

*Benediction

Community Time

^{*} indicates congregation to stand

CALL TO WORSHIP

(Based on Psalm 91)

Leader: God delivers and protects us.

People: Praise be to God!

Leader: God saves us in times of trouble.

People: Thanks be to God!

Leader: God satisfies us with the gift of our salvation.

People: Glory be to God!

COMMUNION HYMNS						
1) UMH 337	2) UMH 454	3) UMH 462				

Next Week					
New Sermon Series: "ASCEND - The Song of Ascents"					
	SAT 1630				
0.0 0.5-4.2020	TS1 0800	Dealer 121 The Land Over Keeping			
8 & 9 Feb 2020	TS2 0945	Psalm 121 - The Lord Our Keeper			
	SCS 0945				
Sermon Library: www.tmc.org.sg/pulpit.html					

ANNOUNCEMENTS

Soul Journal Songs of Ascents Devotional Booklets

To help us journey Higher together, we have specially prepared devotional booklets (limited copies left) for you to follow along the sermons for the Songs of Ascents series in your personal devotions and disciple/small groups. The booklet includes a guide on how to have a meaningful time with the Lord in His Word, as well as reflection questions tailored to the uniqueness of each psalm.

Each booklet costs \$2. Make payment and collect your booklet on:

- Saturday@ The booth outside Emmanuel Hall after service.
- Sunday@ iSunday counter after either morning service.

Community Bible Experience (CBE). If you missed the last CBE on the study of "Ephesians", there will be a new eight-session study on "Philippians" from 25 Feb to 2 Jun 2020 (fortnightly on Tuesday 10am-12noon) in place of other Tuesday courses like "Companions in Christ" and "The Way of...". All are welcome to sign up at iSunday Counter, or with GYM.

Christian Believer | Friday nights, 6 Mar-13 Nov | 7.30-10pm | The Christian Believer study focuses on classical teachings of the Christian faith—presenting, explaining, and interpreting them in a way that participants can understand, through the use of words, symbols, and hymns. Over a 30-week period, participants will examine the writings of ancient and modern Christian commentators and view video presentations by leading Bible scholars. Similar in format to "Disciple Bible Study", the study manual guides daily reading in Scripture and in the Book of Readings. Preferred pre-requisite of "Disciple 1" for those who may be interested. Please register at iSunday Counter.

Holy Communion at 9.45am Traditional Service Only. During Holy Communion Sundays, we have been practising the passing of holy communions elements among the attendees. For those who are experiencing difficulties in handling the elements, we have reserved a section of the pews in the front of the Sanctuary for you. You will be served the elements in that section. Thank you for your understanding.

Health Advisory. We strongly urge you to stay at home (for 14 days) if you have been to China during the last 14 days.

For those who have symptoms of sore throat, fever, cough, runny nose or feeling unwell, you are strongly advised to seek medical advice & stay home.

As a general precaution, observe good personal hygiene habits.

If necessary, please use the hand sanitizers at the entrances.

For those who are already in church & feel unwell, please approach our staff at the iSunday Counter for a mask.

Let us be responsible people to prevent the spread of the viruses.

Band & AV Team Open House (9 Feb) - Interested to join the Band or AV Team, but never knew what is required? Want to try out the various band instruments (including vocals) and AV equipment but never had the opportunity? Come join us at our open house for a fun time of jamming, sharing and experiencing what it is like to be part of the worship team! Event will be at the Emmanuel Hall on 9 Feb from 11:30am to 2pm and lunch will be provided. Registration at https://bit.ly/bandavopenhouse by today.

FAMILY MATTERS

Chinese New Year Offering. A total of 8,768.50 was collected during the services last Sunday for the **Community Fund**.

Floral Offering:

With Thanksgiving from

Mdm Poh Suat Har

PASTORAL AND STAFF MATTERS

Pastoral Team Retreat. Our pastors and pastoral team members will be away at the retreat from 4-6 Feb. Please contact the church office should you require any pastoral support during these dates.

Staff on Leave. 4 & 7 Feb, Jenny Seow.

THIS WEEK'S ACTIVITIES

TODAY

9.30am Mandarin Service Prayer Meeting - Prayer Chapel @ B1

2.00pm Baptism & Membership Class - Daniel @ L2

Tue-Thu, 4-6 Feb

Pastoral Team Retreat - Jakarta

Tue. 4 Feb

9.30am T.A.G. (Together Ageing Carefully) - The Living Room @ L1

Wed, 5 Feb

1.00pm GYM Rummikub - Plaza @ L1

8.00pm Prayer & Intercession Meeting - Prayer Chapel @ B1

8.00pm	Healing Ministry - Prayer Chapel @ B1				
Sat, 8 Feb	t, 8 Feb				
10.00am	Youth Ave Captains Leaders' Development - 123 Serangoon North Ave 1 Marriage Preparation Course - Benjamin @ L2				
1.00pm					
•	, ,				
	Bermon Notes				

Fri, 7 Feb

WORSHIP SERVICES

Sat, 4.30pm Sun, 8.00am

The Saturday Service (Contemporary) **English Service (Traditional)**

@ Emmanuel Hall, L2

Sun, 9.45am

The Sunday Contemporary Service

@ Emmanuel Hall, L2

Sun, 11:30am

Mandarin Service

@ Sanctuary, L1

@ Sanctuary, L1

Sun, 9:45am

English Service (Traditional)

@ Sanctuary, L1

Children's Ministry

9:45am

@ Hallelujah @ L3

PASTORAL TEAM & USEFUL CONTACTS						
Rev Alvin Chan Pastor-in-Charge alvinchan@tmc.org.sg	9636 0022	Rev Paul Nga Pastor paulnga@tmc.org.sg	9758 4654			
Rev Sng Chong Hui Pastor sngchonghui@tmc.org.sg	9673 2874	Rev Byron Teo Assistant Pastor byronteo@tmc.org.sg	9759 4942			
Alice Lim (on sabbatical leave) LMS (Children's Ministry) alice@tmc.org.sg / alston@tmc.org.sg		Tan Kim Lam LMS (Discipleship) kimlam@tmc.org.sg	9683 2671			
Eddie Goh LMS (Mandarin Service) eddie@tmc.org.sg	9835 5058	Lee Park Ming LES (Discipleship & Nurture) parkming@tmc.org.sg	9671 7100			
Ang Hern Shung LMS (YM & Prayer) hernshung@tmc.org.sg	9154 7223	Wong Ting Ling LES (Outreach & Social Concerns) tingling@tmc.org.sg	9662 9850			
lan Cheah LES (Administration) ian@tmc.org.sg	9189 0908	Choy Wai Cheng LES (Witness & Evangelism) waicheng@tmc.org.sg	8797 8113			
Calvin Ang 9172 Snr Facilities Assistant calvin@tmc.org.sg		Cathrine Mathiew Snr Ops/Adm Asst (Youth Ave) cathrine@tmc.org.sg	6285 8450			



34 Serangoon Garden Way, Singapore 555940

Tel: 6282 4443

URL: www.tmc.org.sg

Email: churchoffice@tmc.org.sg

For a snapshot of all church events, please visit www.tmc.org.sg/calendar.html

By entering these premises and participating in the worship service and other activities, you are deemed to have given consent for the use of your image captured in any photo or video recording by TMC for all communication purposes. For our Data Protection Policy, please refer to www.tmc.org.sg/pdpa.pdf.