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SALTSHAKER



TRINITY
Methodist Church

MICA (P) 089/09/2012

LITTLE 'OLE ME -
A MISSIONARY?



ITOOK 720
PANADOLS
PG 4

LI NANXING —
REDEEMED BY JESUS
PG 16

HUNGRYGOCAMBODIA
PG 20



Shaking Salt

LITTLE 'OLE ME - A MISSIONARY?



by Samuel Wong



Jonny Hamill of CFC with a Cambodian baby



Sam, Café Eden girls and the freshly baked goodies



The children of CFC Village on tarpaulin sheet



The small and sheltered classroom at the CFC Village



Leader Streyda, resolute in her faith and vision

Blessed by God, I grew up in a happy Christian family, weaned on beautiful stories from the Bible. Religion was a given and many issues were taken for granted, especially when I also spent 10 years in a Christian school. But deep down, it never really amounted to much for me despite my belief.

Having attended TMC for over 20 years, I finally felt compelled a few years ago to volunteer my service as an usher. Not long after, there was a call for members to be active in the communications team. As a former journalist now publicist, I heeded the call. Nevertheless my ministry, like almost everyone else on the team, was kept within the comfortable confines of our national boundaries. So when the opportunity arose for the communications team to make a voluntary visit to capture the various TMC missions in Cambodia, I didn't shy away.

Uncertain of our duties and responsibilities for Phnom Penh, training was provided in church by others that had some Cambodian experience. The work ahead was mapped out and our group of 12 were divided into writers and photographers, then split into four teams with different areas to cover. Cramming in all the information and help given to us, we left for a week that proved to be a turning point in my life.

Despite the anticipated conditions of poverty, deprivation and sacrifice, I believe most of us were taken out of our usual comfort zones as we experienced the simple and spartan conditions in Cambodia. Still the warmth of the welcome and the unstinting hospitality had us bowled over with appreciation. The days were long - rising at the crack of dawn, working through the day and ending with post-dinner vespers each night that sometimes trailed till midnight. With God's grace and strength, we persevered to fulfill our set assignments.

The low point of my time there, which also became an emotional wrench for me, was surely our visit to a Care for Cambodia mission in a far-flung suburb of Phnom Penh. There, in a small village of low-rise buildings, rose a beacon of hope and charity. On a small plot of land of possibly half an acre in size is a tuition and educational centre for most afternoons and evenings. One of over 80 outposts of Care for Cambodia, it is heartening to see how much help and care is given to the local children. Hundreds come each afternoon, after their morning classes in school to get more practice in subjects like Maths and English. Tutors and teachers are all volunteers and students sit tightly on the ground on tarpaulin sheets, or on ruddy wooden benches under the rafters of a small house. Domestic pets and farm animals scurry about and classes are held subject to good weather. With little

cover, classes have to be disbanded when it rains, which was what happened toward the end of our afternoon visit.

On a happier note, one of the highlights was a visit to Café Eden, the culinary arm of Care for Cambodia. Overseen by Jill Hamill, the two-storey building holds an eatery upstairs and a small retail and workshop space downstairs to provide jobs for the Cambodians and delicious food for diners. As an avid weekend baker myself, I was tasked to give the Cambodian girls a lesson in making my pumpkin pillow muffins. Back home when I bake, I do everything from start to finish, from the prep work of making the pumpkin puree and maceration of raisins to the scrubbing out of the greasy baking trays. In Phnom Penh, I was happily directing, showing them the way and with no washing and cleaning to finish. After some initial hiccups of getting used to their equipment, we got going and 60 minutes later, we were licking our fingers after tucking back some delicious and fluffy muffins fresh from the oven. I was grilled for the recipe and was told it would appear on their menu regularly.

On reflection, Phnom Penh opened a door to a new facet of my faith, strengthening its foundation. It also gave me the realisation of how else others in my shoes can also take on new challenges. I for one know this will not be my last mission out.

I TOOK 720 PANADOLS



by Pierre Margaret

It all started with a fall at the end of May 2010, which was followed by a long fever.

The following week after my fall, I consulted a GP, who gave me antibiotics to stop the fever. After taking the medicine, I assumed that I would get better. But the next day, I could not walk at all.

From then on, I was in and out of the hospital. I was checked from head to toe (CT scans, MRI, bone marrow, colonoscopy and numerous blood tests) but the doctors could not find the cause of my fever.

This fever lasted for over four months, during which time I consumed more than 720 panadol. My weight dropped from 53kg to 39kg. I was so weak I could not even lift a can of condensed milk.

It was during this time that I began to ask for forgiveness and started to forgive everyone who had hurt me.

I was literally bedridden and unable to do anything. My husband and daughter were taking care of me full-time. Pastor Bernard Chao and Brother Yan from TMC ministered to me. Brother Yan prophesied that the fever would stop and I would be able to walk.

By faith, I stopped taking my temperature and panadol. From this period onwards, my husband started to attend the prayer meetings faithfully.

I consulted an ayurvedic doctor but my efforts were in vain. By Dec 2010 my body was deteriorating. I prepared my husband and daughter for my death. I was admitted again through a friend who is a doctor.

After checking, they confirmed that I was slowly dying. They quickly gave me a blood transfusion. The following day the doctors told me that I had a nerve problem and they would have to do a biopsy. That night I prayed and cried out to God: "Jesus if You heal me, I will dedicate my feet as dancing feet, as worship to You."

Since I did not cooperate with the doctors, I was discharged from the hospital. My brother recommended that I take an organic iron liquid as I was anaemic. All this while I did not take any medication except panadols.

At the end of January 2011, I was given a doctor's appointment for the biopsy. Brother Yan again prophesied that I would walk and discouraged me from going for it. Again, by faith, I didn't go for the biopsy.

In the first week of March 2011, my friend Siew Bee gave me a word – like Lazarus I raised him up from the dead likewise, I am going to raise Margaret from the bed. Tears of joy came to me knowing that Jesus was going to heal me.

By June 2011, miraculously, I was able to walk. Praise the Lord.

All honour, glory and praise to Jesus my Lord for healing me completely. My humble thanks to all members from TMC, especially Pastors Dianna Khoo and Bernard Chao, Brother Yan and all in the prayer group, Choo Siang and Nancy Lim, Katherine Loh and all the WSCS members, Dr Ang Poh Kit and Lee Park Ming, Paya Lebar Methodist Church, Pentecost Methodist Church and Trinity Christian Centre for ministering to and praying for me.

Through this incident, I realised the power of corporate prayer and that it is a joy to have brothers and sisters in Christ to uphold and support me in prayer. The prayers of all the saints rose up as incense before God and God from heaven poured forth His healing upon my life. I also learnt that God's timing is different from our own. We may desire instantaneous healing but God has His own timing.

TMC's Healing Service is held every Friday night at 8pm in the Prayer Chapel.

Pat's Poems

by Patricia Chia



The late Patricia Chia embraced growing old with faith and zest. She periodically penned her thoughts down on this subject. This is the first of three poems which the Saltshaker is privileged to publish.

Aunty Pat's friends at TMC provided this material believing that she would be pleased to know that her works are published to encourage others.

MEMORIES...

Memories, memories, sweet or bitter

In your heart they will always linger

Regrets, regrets you cannot get over

The 'if's and 'buts' - too late to ponder

Treasure the precious memories

you've gained

For there's no rainbow without rain

Thank God not only for roses

but for thorns

Cause He's watching, you're not all

forlorn.



ALOHA! FROM THE UKULELE FELLOWSHIP



by Rose Tan

Rise up, O Lord, in all your power. With music and singing we celebrate your mighty acts - Psalm 21: 13

The sounds of laughter and singing drifted through the corridor on level three as I approached the Hallelujah room.

As I sheepishly crept into the room, some of the aunties called me by name and greeted me warmly.

The warmth of the air-conditioned room was unmistakable.

The chords and lyrics were flashed on screen. Led by Dennis and Tony on guitars, the class strummed on their ukuleles and everyone broke out in song.

Neil Sedaka would have been proud of the rendition of Oh Carol.

Not missing a beat, another classic was suggested. This time it was a Dickey Lee favourite, Patches. Heard of Corinna Corrina? It was one of many songs that brought fame to Ray Peterson in 1960. A year later, Patsy Cline endeared herself to millions with the song, Seven Lonely Nights. It would warm your hearts when you hear the ukulelians playing these songs in unison.

Cradling her ukulele, an auntie smiled and told me that there

is no cheng hu (Hokkien for no 'government') today. It was a jamming session without Pastor Peter.

In barely five months, Pastor Peter has produced performers out of the class.

Among them was Dr Fu Dunyi who took the initiative to sign up and persuaded his wife Mary to go along.

There are more than twenty enthusiasts in the group. How did they hear of the class?

Daisy and Lily are sisters who worship at Bukit Panjang Methodist Church. Through their friend, Catherine, from TMC, they found their way to the ukulele class. Distance has not been a problem for them. The same goes for Poh Ling who travels an hour by bus from Punggol to reach TMC by 9am.

Uncle Hubert, the oldest in the group, at 79, travels by bus from Pasir Risto hitch a ride from another ukulelian, Lawrence, to arrive for ukulele lessons. Uncle Hubert shares that it is very therapeutic for him as he nurses carpal tunnel syndrome on his hands.

The second Tony I met was semi-retired, at 68. He is a school counsellor and plays in the band,

Dick and the Minstrels. His wife Alice is sprightly and contributes to the fun of the weekly sessions.

Each ukulelian as Pastor Peter calls them comes from different walks of life, travelling from Punggol, Pasir Ris, Bedok and Pasir Panjang to form the Fellowship of the Ukulelians. They are now preparing for a Christmas performance in church.

Pastor Peter tells me that 1 Dec is Graduation Day for the first batch of ukulelians.

And he is already planning to start the next class already (see next page).

That's music to my ears because I'm ready to join the next class. The bonding is immense and the camaraderie is infectious. As the ukulelians packed up to leave, several of them told me that they will join the next class with me.

Are you ready for the fellowship and the camaraderie?

"Ukulele" is a Hawaiian word. It is a member of the guitar family. It generally employs four nylon or gut strings. The ukulelian fellowship meets on Saturdays at 9am. Contact the church office for more information if you want to pick up the instrument to facilitate your personal worship time with God.

TMC UKULELE BEGINNERS' CLASS

Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before Him with joyful songs.
Psalm 100:1-2

LEARNING OBJECTIVE
To be able to read the ukulele chord charts and strum the ukulele to enrich one's personal worship unto the Lord.

COURSE CURRICULUM

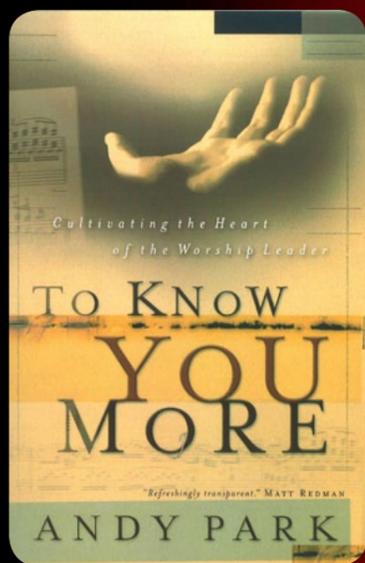
- Meet the ukulele family
- Ways to tune and hold a ukulele
- Learn to read and apply the chord charts
- Learn to strum choruses/hymns to enrich one's worship to the Lord
- Tips to improve one's skill in strumming the ukulele

TEACHER: Rev Peter Goh
Sessions: 4 Saturdays (12, 26 Jan; 2, 23 Feb.2013; 9am-12noon)
Where: Trinity Methodist Church, Onesimus Room
Registration fee: \$20 (non-refundable)
Free gifts: Clear folder, ukulele chord charts, notes, Certificate of Achievement and a Fellowship of Ukulelian Badge
Register with Mr Png Hock Chye (hp: 96987851) @ the TMC plaza on Sundays

every participant, please bring: Your ukulele, tuner, music-stand and paper/pen.

Organized By TMC GYM Fellowship Of Ukulelians

BIBLIOTHEQUE



TO KNOW YOU MORE

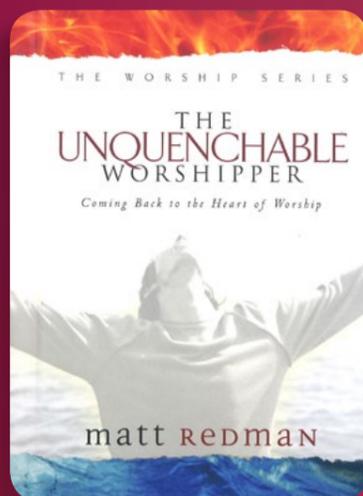
Author: Andy Park

Awarded the "Book of the Year" by WorshipMusic.com, this book by veteran worship leader Andy Park gives readers insight into leading others into the presence of God through worship. Topics like planning the flow of worship to raising up new worship leaders make this book a practical guide for worship leaders regardless of how long they have been serving.

THE UNQUENCHABLE WORSHIPPER

Author: Matt Redman

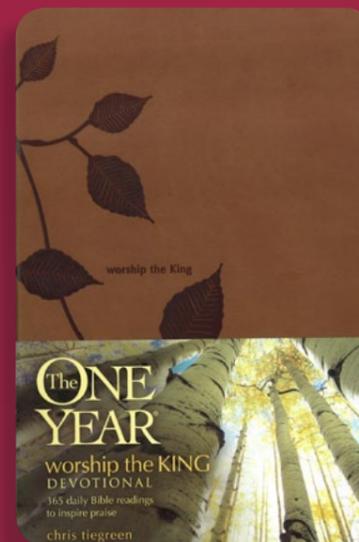
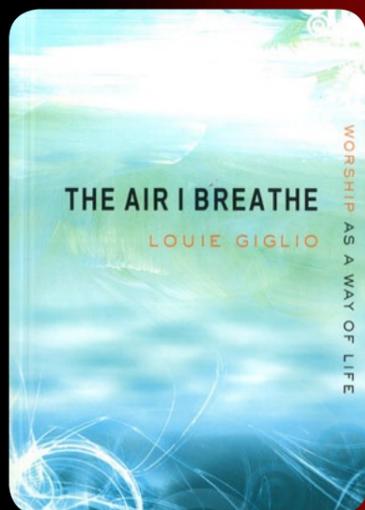
The Unquenchable Worshipper was written by Matt Redman, one of today's most respected worship leaders and songwriters, as a plea for worshippers to return to the unadulterated lifestyle of worship. He challenges readers to embark on a quest to bring glory and pleasure to God and not allow themselves to be distracted by the worries of the world. He takes a look at the lives of various characters in the Scriptures such as Isaiah and David and shows readers that living a life of worship is possible regardless of your circumstances.



THE AIR I BREATHE

Author: Louie Giglio

In this book, Louie Giglio challenges readers to worship God beyond the church walls and allow it to become a part of their daily lives. Why? Because it is at the foot of the cross that we can comprehend the love that He has for us that causes Him to chase us down with kindness and redeem us for all eternity. purer praise.



THE ONE YEAR SERIES - WORSHIP THE KING DEVOTIONAL

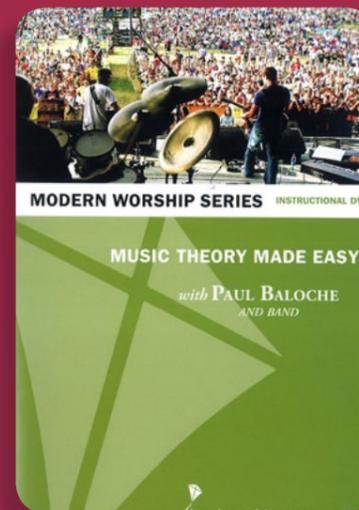
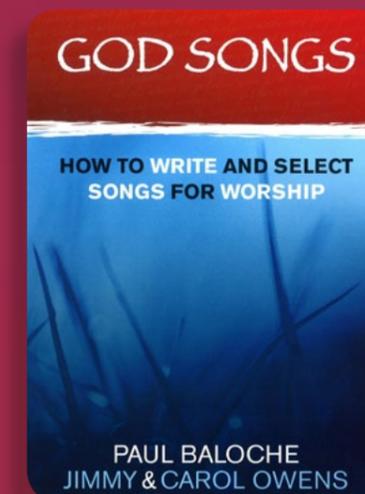
Author: Andy Park

In this devotional, Chris Tiegreen explores a crucial question for Christians: What is worship and why is it so important to God? Drawing from the many examples of worship in the Scriptures, the daily devotionals focus on the role of worship in the believer's life. Readers will be encouraged to give your all for the glory of the King and to continually press towards a deeper and purer praise.

GOD SONGS

Author: Paul Baloché, Jimmy Owens, Carol Owens

This instructional book by song writers Paul Baloché and Jimmy and Carol Owens covers basic song writing principles like how to develop a song after one is inspired, 30 characteristics that make a song memorable, 16 shared qualities of great worship songs and 12 keys to unlock a writer's block. What's more, you will also learn how to gain the listener's attention quickly and find fresh ways of expressing worship. Advice from song writers and publishers such as Darlene Zschech, Chris Tomlin, Matt Redman, Bart Millard, Craig Dunnagan and Rita Baloché is also included.



MODERN WORSHIP SERIES - MUSIC THEORY MADE EASY

Author: Paul Baloché and Band – Leadworship.com (DVD)

Understanding the essentials of music theory does not require a four year degree or the ability to read music. Paul Baloché focuses on the critical fundamentals that will help you understand the Nashville number system while seeing relationships between notes and chords. Concepts are clearly demonstrated with piano, guitar and on-screen graphics, while ear-training exercises are taught by listening to Paul's studio band and live concert footage. It also contains a comprehensive, downloadable companion workbook packed with additional explanations and written exercises.

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Letters to God Revealed

Two people, two prayers, both precious. The Saltshaker (and you!) get the privilege of listening to Mary and Richard's conversations with their Abba Father:

SENSING GOD

by Mary Foo



CONVERSATION

by Richard Seng



Lord, I hear Your word:
"Be still and know that I am God".

Help me, Lord, to be still, not to let the busyness of each day distract me from sensing Your presence. Let me come before You each day with clean hands and a pure and humble heart.

Help me not to be proud, for we are but dirty rags in Your sight and yet Lord, You choose to love us with an everlasting love.

Truly, Lord, You are Almighty and awesome and we stand in awe of You.

Help me, Lord, to die to self that I may love You with all my heart, my soul, my strength.

Help me as I come before You, to be the person You want me to be.

Help me not to stray from the path You have marked out for me but to focus on You and know that my hope is in You, Lord, and in You alone.

You, Lord, are my all in all.
Thank You, Lord, for all You've done and are still doing in my life.

Amen.

Father in Heaven,

How to be silent? I mean... I have already tried before. All those times I tried to stay quiet in the evenings in prayer...ending with me beholding a brand new day. And I couldn't recall what you had said, or even what I said! Now this silent retreat – two to three days walking around as a mute! Tsk... how...how! *Hai*...I dunno how...but I will go...and see how...

Wow this is serious.... All smiles...friendly hand gestures...NOT A SINGLE WORD.

(Inside: AAARRRggghhhhhh! *Buay sai gong-way simi lai eh¹?*)

Sigh. Now that you're here, Seng, tsk... go through *lah!*

(Goodness me, is this what they go through for Emmaus Walk?)

Lord, ok... You speak...I listen...(try *lah*, you know me *hor*....)

After lunch, back in room with room-buddy... *bo way gong²*... Ok. Rest and listen...

¹ Hokkien for "What is this?! How not to speak?!"

² Hokkien for "I have nothing to say"

Yawn... (falls asleep)

What? Dinner time already! *Siao liao la³* ...like dat continue...bang wall already! Sigh. What to do... already time past...look ahead....

After dinner...gathered in meeting room... FINALLY can release the tongue from prison! What did I gather from the period of silence? Hmm... erm...what did who gather?! I woke up to dinner!

Read Scripture: James and John went up a hill with Jesus, and He got transfigured. *Kan cheong spider⁴* Peter volunteer to build three shelters, then *kena⁵* thundering voice from heaven: This is my Son, whom I love, and with whom I am well pleased, Listen to him!" *Piak⁶*...*kena*. *Siao liao*.

"DO NOT BE AFRAID," said Jesus. "DO NOT BE AFRAID," said Jesus.

I never meant for my beloved people to operate out of fear. I have not given them a spirit of timidity, but one of love and power. Fear has to do with punishment. On the Cross I said "it IS finished".

Lord, You know how we always mess up... (thinking that we know, can do etc...like the disciples *kan cheong⁷* wanna build shelters FOR YOU....).

Of course I know, Richard.

3 A Hokkien exclamation which literally means "already gone crazy". Used whenever a situation has gone badly wrong.
4 Singlish for an uptight person.
5 A Malay term which denotes that something has happened. Closest English approximation is "to get".
6 The sound of a slap
7 Cantonese for uptight

We are always eager to hear your conversations with God.

Whether you speak to him in Singlish, Chinese, songs, poetry, or even art, your personal mode of communicating with God can touch and encourage others :)

Share your "Letters to God" with the TMC family by sending them to tmccomms@gmail.com today!

We want so much to do the right things, Lord, it's been so many years with these issues...we seem to keep going around and back ...

I know, Richard.

Then? Do what?

Stay close with Me. I will do it.

But...

You need to keep your eyes on Me, not on anything else.

What if...

Eyes on Me, My son....

(Planet Shaker's song – *Deeper* starts playing in the head)

I want to know You
I want to feel Your touch
I want You Jesus, more than before

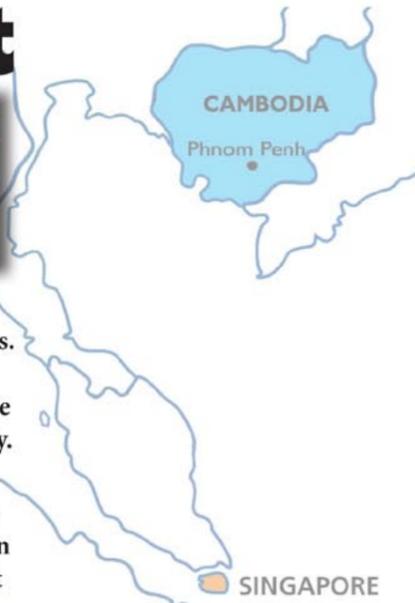
Take me deeper, than I've been before
Take me further, God I long for more...
Take me higher, than I've been before
Jesus I want more, Jesus I need more....

(Sharing group sitting together to discuss what was impressed on each one of us)

Me: Never operate in fear. God never meant for His children to operate in fear. We need to fix our eyes on the Lord, listen to him.

Teleios in Christ

by Lim Sue Yien



Teleios in Christ is a small group consisting of married couples in their 30s to 60s and their children who meet fortnightly at a member's home in Serangoon Gardens. Led by faithful servants John Foo and Lim Choo Siang, the heartbeat of this small group is discipleship. John and Choo Siang want to see each member growing in the Word, growing in maturity in Christ, and serving actively in the church community.

The group had been wanting to go Cambodia to understand TMC's work there better, but somehow never found the time or opportunity to do so until this year, when 10 members in the small group decided to pack their bags and head boldly out, not knowing what to expect.

Edwin Koh, a member of Teleios and trip leader, shares with Saltshaker his thoughts on the trip:

"The week-long visit to Phnom Penh, Cambodia, was both a short break from our busy routines and an opportunity to witness firsthand the various works by TMC over there."

"Our gracious brother Jacob and sister Wai Cheng made all the arrangements for us during our week there. Our group visited Care for Cambodia (CFC). We were fortunate that Norman was there to bring us round the premises, to learn how it is being run, and what is being done for the children. It was such a joy to mingle with the children."



With the children at CFC



With Norman at CFC

"We stayed at Harvest Inn and managed to visit Barn Barn restaurant. There, we experienced God using us to reach out to others and lives being touched by active and ongoing discipleship, which is part and parcel of Jacob and Wai Cheng's ministry."

So if you need a break from the hustle and bustle of city life, or are planning a short trip, why not head down to Phnom Penh to see the wonders of the Lord. Renew your vows with the Lord as He takes you along this journey and leads to get to know the people and their hospitality. He did it for us while we were there."

More about small groups at TMC can be found at www.tmc.org.sg/smallgroup.html. Or contact Park Ming at parkming@tmc.org.sg / 6282 4443

"As our trip crossed over a Sunday, we attended the service at Glory Trinity Methodist Church. It was an eye opener for most of us to see how strong their faith in God is. They worship with real joy, straight from the heart. They pray out loud with their hands lifted high to the Lord. It did make me wonder at times - **am I for the Lord?**

"The boat ride along the Tonle Sap and Mekong River was one of the most memorable moments for us on this trip. While travelling along the river, brother Jacob gave us a brief history of Cambodia, the various works done by TMC, and why and how TMC has helped the people of Phnom Penh. The most touching part was when we as a group and with one voice prayed for our brothers and sisters in Cambodia. It was a feeling that words cannot really describe. One has to be there to feel it."

CHURCH ANNIVERSARY

In and About TMC



connect with one another

PRESENTING THE LCEC, PPRSC AND

CHURCH STAFF OF TMC



The Local Church Executive Committee has oversight of, and responsibility for, the administration, organization and programmes of the church. It determines policy, and provides ongoing and regular evaluation and review of the mission and ministries of the church. The LCEC also makes proper and adequate provision for the financial needs of the church. The Pastor-Parish Relations and Staff Committee looks after all matters with regard to the appointment of pastors and staff employed by TMC.

Pray for TMC's leaders.

(Front Row L-R) **Richard Seng**, Associate Lay Leader; **Robert Yeo**, Associate Lay Leader, Treasurer, Lay Delegate to TRAC, PPRSC Chairman; **Ang Poh Kit**, Associate Lay Leader; **Albert Yeo**, Lay Leader, PPRSC member; **Rev Peter Goh**, Pastor; **Rev Dianna Khoo**, Pastor-in-charge; **William Goh**, LCEC Chairman, Lay Delegate to TRAC and PPRSC member; **Judy Yip**, Honorary Steward; **P Sathia**, Honorary Steward

(Middle Row L-R) **Albert Lim**, Property Management; **Woon Tai Keat**, Asst Treasurer; **Caroline Lim**, Witness & Evangelism, PPRSC member; **Chew Kim Ling**, Children's Ministry, Kindergarten, PPRSC member; **Denisa Chin**, Church Administrator; **Alice Lim**, Lay Ministry Staff (Children's Ministry, Prayer & Intercession); **Seah Gek Khee**, Lay Executive Staff (Communications, Archives); **Lim Sue Yien**, Recording Secretary, Reserve Lay Delegate to TRAC; **Tricia Tong**, Communications; **Koh Shuwen**, Hospitality; **Debbie Tng**, PPRSC member; **Patricia Tan**, Worship & Music; **Victor Seah**, Glowing Years Ministry and Archives; **Lee Park Ming**, Lay Executive Staff (Missions, Small Groups)

(Last Row L-R) **Kelvin Tan**, LCEC Vice-Chairman, Missions; **Paul Ng**, Outreach & Social Concerns; **Ong Hon Yuh**, Finance; **Colin Yip**, Small Groups; **Yip Fook Yoon**, Reserve Lay Delegate to TRAC; **Jestyn Koh**, Lay Executive Staff (Outreach & Social Concerns); **Sim Cher Khee**, Prayer and Intercession

(Not in Picture) **Khor Tong Hong**, Church Governance, Lay Delegate to TRAC; **Hum Sin Hoon**, Discipleship & Nurture; **Keegan Ong**, Mandarin Service; **Terri Koh**, Youth Ministry; **Katherine Loh**, WSCS President; **Lim Choo Siang**, Capt 47th Coy Boys' Brigade; **Lee Hui Ling**, Capt 55th Coy Girls' Brigade; **Timothy Yong**, Lay Executive Staff (Youth Ministry, Discipleship & Nurture), Reserve Lay Delegate to TRAC; **Eddie Goh**, Lay Ministry Staff (Mandarin Service, Witness & Evangelism); **Pang Khang Chau**, PPRSC member; **Jacob Cheng, Kwa Kiem Kiok, Violet Khor** and **Kevin Lowe**, all Local Preachers



TMC ministers at SLEC every last Thursday of the month. Please contact Eddie Goh in the church office to volunteer.

SILVER STARS

by Lim Khia Teck
Chairman of Advisory Committee
SLEC Serangoon



In July 2010, St Luke's Elder Care (SLEC) opened the doors of its new Day Care Centre at Blk 217 Serangoon Ave 4.

It is committed to providing quality health care, rehabilitation and wellness programmes for the elderly in the Serangoon neighbourhood.

TMC and Bless Community Services (Yio Chu Kang Chapel - YCKC) agreed to provide pastoral and volunteer support, and to engage the elderly who would go to the centre. It was a step of faith for TMC, which had planned to be involved as far back as 2008. How that faith has been rewarded!

In the last two years, the loving care of the centre staff led by Centre Manager, Ms Ng Lay Ling, has blessed close to 200 elderly folks. Enthusiastic volunteers from TMC led by Eddie Goh, together with those from YCKC, schools and voluntary welfare organizations (VWOs) have added cheered to the days of the uncles and aunts, who particularly enjoy their regular excursions to TMC's Yum Cha. Several have accepted the saving grace of Jesus in the process and two have been baptised in TMC.

Through the dedication of its staff, the centre continually expands its range of services to the elderly. In June this year, three elderly persons with kidney problems were able to go to the centre for peritoneal dialysis instead of being isolated at home or having to travel to a hospital for the procedure.

Even as I watched the ukulele fellowship from TMC and the Teochew choir from YCKC lead the uncles and aunts in praise on the occasion of the centre's second anniversary, I offered up a prayer that these precious silver-haired children of God would feel the moving of the Holy Spirit and come into His loving embrace. I also pray that TMC and YCKC members will continue to support the work at SLEC Serangoon, to clearly demonstrate the love of our Heavenly Father.

LET'S HEAR IT AGAIN

LI NANXING- REDEEMED BY JESUS

李南星 - 被耶稣救赎

by Li Nanxing



I became a MediaCorp actor 24 years ago. I experienced success, gaining fame and status during the first nine years of my career as an actor. In 1995, at an award presentation ceremony, I said something which displeased the company and as a result, I was not cast in any drama shows for two years. Fearing that my contract with MediaCorp may be terminated, I invested my life savings of \$900,000 in a resort country club with a business partner.

Being the majority shareholder and sole signatory, I had to pre-sign many cheques for the club before I travelled for filming. I left the day-to-day operations of the club to my business partner because of my frequent travels. Six months after I returned from one overseas trip, I found out that my partner had cheated me. I discovered that I had lost all the money I had invested and the club owed a lot of money to contractors and suppliers. Hoping to save the business, I sold whatever I could, borrowed from banks, friends and even loan sharks. I was heavily in debt. Out of desperation, I resorted to gambling to pay off my debts, and indulged in heavy drinking with customers at my karaoke lounge

to drown all my sorrows. Almost penniless and lonely, I tried to protect my acting career, which was my only source of income, by consulting mediums and fortune tellers. Despite this, my situation worsened. I was caught drink-driving and was suspended from driving for two years. I was also sued by the landlord of the club for defaulting in rental payments. I experienced demonic attacks at night and contemplated suicide. A Christian friend who read an article about the closure of the club in the newspapers contacted me. She shared the gospel with me. Although I was not receptive, she refused to give up on me. One night, my phone rang when I was at a karaoke lounge in Thailand. My Christian friend was calling from Singapore. I walked out of the noisy room through an exit door to answer the call and before I knew it, I was free-falling down the building. I then felt a firm but gentle hand pulling me up and helping me to grab hold of something to break the fall. I found out later that the exit door, which was supposed to be locked, actually led to a disintegrated spiral staircase that was filled with empty cans and broken bottles at its base. Divine intervention had

saved my life! Instead of death, I escaped with an injured knee. My Christian friend shared that at the time of the incident, she was in church praying for me. I was absolutely amazed at my friend's God who could protect me even though I was miles away in Thailand.

I accepted Jesus Christ as my Saviour in 2003. Thereafter, circumstances began to improve. My business partner compensated me and I was no longer liable to pay the club's debt. I was engaged by an entertainment company that gave me opportunities to earn sufficient money to pay off my debts and interests incurred on my housing loan. I quit smoking, drinking and gambling. The demonic and spiritual attacks also stopped.

God changed my life. As the Bible says: "You shall know the truth, and the truth shall set you free." I thank God for delivering and redeeming me through Jesus Christ, my Saviour and Lord. All glory be to Him!

Blessings.

This testimony is an abbreviation of Li Nanxing's sharing at our Mid-Autumn Celebration on 22 September 2012.

24年前，我在新传媒开始了我的演艺生涯。前9年，我事业有成，名利双收。不幸，在1995年的一个颁奖典礼上因我发表得奖感言时用词不当，结果，被公司“冷藏”了两年，没戏拍。因害怕我的合约随时会被终止，我决定用毕生积蓄新币90万元冒险投入 与人合伙做生意。

每当我需要出国拍摄，身为公司的大股东和一所度假村俱乐部的唯一签署人，我得预先签好许多支票。在一次我在国外6个月后回来，竟然发现被合伙人欺诈了。我不但失去所有的投资，公司还欠了承包商和供应商一大笔债。为了挽回公司我把能卖的都卖掉，向银行、朋友，甚至大耳窿借钱。我负债累累。在绝望之下，我转向赌博、在我的卡拉OK酒廊与客户沉溺于杯中之物，希望从中能赚更多的钱并借酒消愁。

在我几乎身无分文和孤单之中，为了保护我剩下的唯一收入来源——演艺事业，我开始寻求神明和算命先生的帮助，但我的情况却没有好转，反而是更糟，接下来我因为醉酒驾车被捕，驾照被吊销两年，又因为拖欠度假村俱乐部的租金而被告上法庭，同时我开始在晚上经历邪灵的攻击，甚至好几次有自杀的念头。

一个基督徒朋友在报纸上读到我所经营的俱乐部倒闭的消息，就联络我开始分享福音。当时虽然我没有心思考虑信仰，但对方却毫不放弃。

有一个晚上，我在泰国的一个卡拉OK酒廊，这位基督徒朋友又打电话

给我。我走出吵闹的厢房，一边听电话一边走向不远处的出口。当我把门打开 踏出去时，脚下竟然踩了一个空，那一瞬间，我感觉到有一只强而有力的手把我拉了回去，让我抓到东西，才不至于掉下去。后来，我才知道那道出口平时应该是锁着的，里头是废弃的旋转梯级，下面满是被丢弃的罐子和破玻璃瓶罐。那一次我亲身经历了上帝的搭救，免去灾难只是蒙受膝盖受伤。

事后，我才明白当事件发生时，我的基督徒朋友正在教堂里面为我祷告。对这位朋友所信的上帝，居然能保护远在泰国的我，我感到十分奇妙。

于是在2003年，我接受了基督成为我个人的救主。随后，我身处的困境开始好转。我的生意伙伴赔偿了我的损失，我也不再需要对公司的债务负责。后来，我与一间娱乐公司签约，有了许多工作机会，让我有足够的收入去偿还个人债务和房屋贷款利息，我也逐渐的戒了烟瘾、酒瘾和赌瘾，邪灵的攻击也消失了。

上帝改变了我的生命

如圣经所说：“你们必晓得真理，真理必叫你们得以自由。”

感谢上帝藉着我的救主耶稣基督释放和拯救我，愿将一切荣耀归于父神！

祝福



connect with others

Travel Scoop

Tired of ritzy-glitzy jam-packed city holidays? Had enough of scaling the majestic peaks of the Himalayas or Everest? Experience the idyllic setting of the Tonle Sap River in Phnom Penh then.

Tonle Sap River

You will feel the soft caress of a passing breeze as you sit comfortably in a long boat, taking in views of the rustic floating houses and men mending their nets, juxtaposed against the modern cafes and restaurants dotting the banks of the river.



Royal Palace

Travel by tuk-tuk and contrast Tuol Sleng with the opulence and grandeur of the Royal Palace. In the midst of being awed, consider the disparate lives of those who live within and outside its walls.



After a long day, head off to the nearby Barn Barn (see pg. 20) for a cool drink and yummy delights. Other gastronomic foods also abound at Café Eden. Your requirements of cosy and inexpensive lodgings will be satisfied at Harvest Inn (pg. 25) where you will be well looked after.

Russian/ Central Market

Finally, no holiday is complete without ... shopping! The Russian and Central Markets are places to pick up real bargains - table cloths, table ware, silk cloths, handbags, and other crafts. Do we hear the men groan? Men, you won't feel left out with the inexpensive sports gear and IT products also on offer.



Tuol Sleng Genocide Museum

A trip to Phnom Penh is not complete without a visit to the Tuol Sleng Genocide Museum. Learn of Cambodia's history and culture, and its grim past, and be richer for the experience and knowledge.



hungrygocambodia

by Lim Sue Yien & Terri Koh



The TMC gang with our friends at Cafe Eden



Freshly made nonya kueh, get it while you can!



Barn-barn

Café Eden

Tucked away in a quiet lane off the busy streets of Phnom Penh is Cafe Eden, an oasis of calm, a place, as co-owner Norman Teece says, where people can just be themselves. Cafe Eden was originally set up to offer a safe place of employment for older children leaving the Care for Cambodia orphanage. Today it is dedicated to providing Khmer girls with a chance to develop their Christian character while learning the skills to run a restaurant that serves good food.

Serving the expatriate and NGO community in Phnom Penh, Cafe Eden has become rather well known locally for its beef and Guinness pies thanks to the four years Jill Hamill spent working in a restaurant back home in Ireland. Jill wears many hats, not only running the daily operations in the cafe, but also discipling the four Christian Cambodian ladies who work there, and being a mentor to the older girls who have left the CfC orphanage. Jill set up an accountability group among the ladies at Cafe Eden. They set aside time during the work day to share their Christian walk, pray and read the Bible together. Jill would like to see each of them

live to their fullest potential, even taking over Cafe Eden or setting up their own restaurants one day. And that they will have to start by having strong Christian work ethics such as a desire to perform simple tasks well. This means making the best food they can while offering the best service they can. Moreover, a happy customer is a good testimony.

Cafe Eden serves a mixture of western food, Khmer dishes, desserts and drinks in an airy second-storey cafe decorated in a cheerful green theme. A perfect place to enjoy a lunch of beef and Guinness pie with a glass of homemade ginger lemonade. Or escape the afternoon heat with an iced tea or a frappuccino. Baked items such as delicious brownies and muffins are made on the premises.

Café Eden is no doubt a must-stop on your next visit to Phnom Penh. Please go to the right one though, because several other Cafe Edens have sprouted up in the city!

Barn-barn

So you've exhausted your SD cards, ridden 10 dozen tuk-tuks, and smelled the insides of the Russian Market. Suddenly, you're homesick, and you crave the comfort of Singaporean food.

You need look no further than Barn-barn, a café specializing in Singaporean delights, just off the Russian Market. Barn-barn was also set up by the Chengs, Jacob and his wife Wai Cheng, and is currently managed by Ratana, Anna, Sara and Sreyllynn, a team of four Cambodian women.

Barn-barn's menu features, among others, handmade Hainanese chicken rice and nonya kueh such as ang ku kueh, jiuchenggao (nine-layer cake) and kueh dada. If you're wondering about the authenticity of the taste and texture, rest assured that the folks at the embassy of Singapore in Phnom Penh, who are regular Barn-barn-goers, have given the food their stamp of approval! Of course, the piece de resistance of Barn-barn is their tau hueychwee

(soya bean milk), which is also handmade to perfection.

Barn-barn's menu is a story of God's divine providence, as none of its staff are trained chefs. However, they were taught to cook with the help of visiting Christian missionaries who simply turned up at Barn-barn's doorstep without prior arrangement, wishing to bless the staff by imparting their culinary skills! (see "Shaking Salt" in the Sept 2011 issue)

Barn-barn's customers have said that apart from the good food, the genuine warmth of Barn-Barn's staff and their dedication in running the café, sets Barn-barn apart from other establishments and keeps them coming back. Barn-barn is also a place of Christian ministry and discipleship to and for its staff. The Chengs have a long-term vision for Barn-barn to be solely run by the Cambodian women, so as to develop their sense of ownership and belonging, and so that they may in turn bless those who come by Barn-barn for a meal.

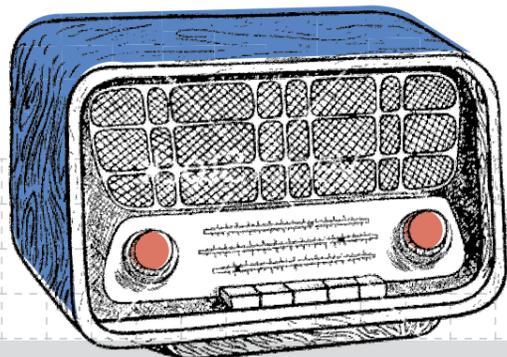
When's your turn to be blessed?



From left to right- Mary, Pannha, Khim, Navy. Mary studies accounting in the mornings, and works afternoons and evenings at Cafe Eden. Her favourite item on the menu is pizza. Pannha is planning to get married early next year. She cannot speak English so she doesn't work with customers, but spends her time in the kitchen, where she has been trained to make all the items on the menu. Khim is the general manager, a.k.a the big boss. Besides managing the café, she also plays an active role in discipling the ladies under her charge. Khim's favourite dish from Navy's kitchen is Khmer Red Curry. Navy is head chef. She enjoys working at Cafe Eden because she shares the same ideals as Cafe Eden, wanting to see Khmer girls without opportunities be given a chance to receive vocational training. She has passed on her cooking skills, which she originally picked up from another NGO project, to Pannha.

Café Eden
No 14, Street 123, Boeung Trabeck, Chamkarmon, Phnom Penh
Tel: 093 888 268
Opening hours: Monday to Saturday, 8am to 8pm.

Barn Barn
No. 174 Street 454 (around the corner from Russian Market), Phnom Penh, Cambodia
Tel: 095 722 142
Opens at 730am



REPORTING LIVE WITH TRANSWORLD RADIO



by Cheryl Sim

Opening up my web browser, I scrolled quickly down the list of assigned reporting duties.

Finding my name, I hovered my cursor over the corresponding duty description: Transworld Radio. In my mind's eye, I pictured a large radio station staffed by foreign missionaries who sat around waiting to broadcast the message for the day. I thought to myself, "I wonder if anyone actually listens to these broadcasts?" I had heard about TWR's work among children in Cambodia, but beyond that, I hadn't an idea what the organisation really did.

Fast forward a couple of weeks. As our van pulled into the driveway of the cosy TWR

compound, we were swiftly surrounded by raucous laughter and animated chatter. The group of about a dozen TWR staff (all locals, I quickly noted!) saw us alight from the van. Introductions all around, and more laughter – a trademark of the team. We were headed to a village today, said Charia, a lady with the most boundless energy, and we piled into the van again for an hour-long drive to the outskirts of Phnom Penh.

This, apparently, was commonplace – visits to the Khmers in the villages are in fact central to TWR, with about 50 village visits being made annually. Though they appear unrelated to radio, these village visits are a



02



01

chance for TWR to share God's word in regions that cannot get the frequency of their broadcasts, and supply them with radio boxes stocked with SD cards that contain pre-recorded TWR programs. While there, they conduct teaching sessions for the children and women of the village – two of their target groups – and distribute supplies like toothbrushes and instant noodles.

TWR's staff are keen to emphasise that they are much more than a radio station. This is not to say that radio is not a big part of their ministry. Yet,



03

their regular broadcasts are but a starting point for all the other things that they do. TWR's daily radio program contains three minutes' worth of content catered specifically to children, covering topics like personal hygiene, cultural norms, and values. This is followed by a Bible story, and a simple question that children can write in to answer. Charia, TWR-Cambodia's Children's Ministry Coordinator, excitedly shares with us how these letters pour in.

"Letter writing is the main way we start contact with the children. It is amazing what God can teach



04

them, and it gives a voice to many girls in Cambodia," she said.

"I have learnt many things from the children – God used Bible stories from our programme to teach them. I have a listener who wrote in one day to confess that she had been lying about her age, and did not want to lie anymore!"

These letters are painstakingly responded to by TWR's host of volunteers, who are really the ones who work closest with the children. TWR also recruits community leaders in the villages, who are trained to teach and coordinate lessons. Many of these

- 01 TWR's Women's Ministry
- 02/03 Maggi mee and toothbrushes for the children
- 04 Hands up for Jesus

TMC's Children's Ministry partners TWR by keeping correspondence with TWR's young listeners and raising funds for their radio boxes. Each radio box costs TWR approximately US\$35.

If you would like to support CM's ministry to TWR, please contact Kim Ling (chew.kim-ling@tmc.com) or Alice (alice@tmc.org.sg).

You can tune in to TWR's station through our Missions web page.



01

community leaders are involved in TWR's Community Health Education Programs, another way that TWR gets a foot into the community, sidestepping the blockages posed by religion.

TWR also has a growing listener base among the Cambodian youth. Kim Song, a TWR staff member who focuses on youth work, told me that TWR's community development programme teaches youth to be self-reliant, and to return to help their villages after graduation from university.

Kim Song shares with me how their broadcasts reached V, a young monk, who tuned in to their programme in the monastery and then called the programme to tell them that he didn't want to be a monk any more, for though he wore the monk's robe, there was a big hole in his spirit. He kept in touch with the TWR staff, who also visited him at the pagoda and continued to walk with him through periods of parental objection. He eventually left the monastery to pursue high school in Siem Reap, and will graduate this year. At a TWR training session he attended in Siem Reap this year, he told Kim Song, who

still keeps in contact with him, that he felt that it was time for him to reconcile with his parents.

"What encourages us is that every time he gets into trouble, he turns to God and us for help. A lot of our listeners are still monks, and this gives us a good opportunity to keep in touch with the monastery. In fact, in the pagoda, V's record of TWR's programs is pasted on the wall!" said Kim Song.

Amazingly, even without publicity, TWR's listener base is growing rapidly. While the lack of funding threatened to close TWR down three times, God always provided. Now, TWR also has plans to expand their women's ministry, reaching out to factory ladies in Takhmao in partnership with Glory TMC.

Soon, our van trundles into the village, and I begin to see masses of children lining the entrance to the school, waiting with their parents for the TWR bus to arrive as scheduled. Under the shade of the trees on an open grass patch, nearly 300 children – some still infants – squeeze on a large sheet of tarpaulin, and chime in as the team starts singing praise songs.

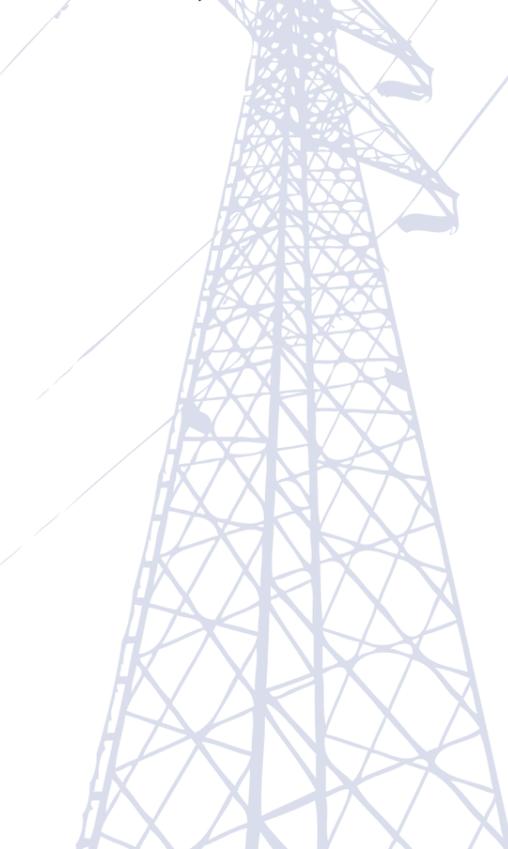


02

- 01 TWR's Women's Ministry
- 02 TMC Comms team with villagers and TWR staff

They later sit, enraptured, as Charia launches into the story of Gideon.

Watching the little ones clutch at their toothbrushes and wave goodbye to the TWR van later that afternoon, I could not help but realise that the team is right: They do much more than radio at TWR. As they speak to listening ears all around Cambodia, TWR opens minds, changes hearts, and leads a generation into the hope that is found in Jesus Christ.



LOBANG

A Harvest-"inn"-Process

by Terri Koh



Introducing the staff of Harvest Inn: Chamti, Tuit, Soethea, Mathai and Soethan (Chamtol is missing in action)

All that exposure to reports of TMC's missionary efforts in Phnom Penh has finally piqued your interest in this city. You've rounded up your friends, booked your air tickets and are ready to go! But where to stay and what to eat?

Let the Saltshaker clue you in on an off-the-beaten track lobang*!

Currently into its 4th year of operation, Harvest Inn is a B&B (bed and breakfast) that treats you more like a family member than a guest. The warmth of Cambodia and its people is clearly evident in the team of six Cambodians who run the B&B on a day-to-day basis. The staff team comprises of the two brothers, Chamtol and Chamti, the couple, Tuit and his wife Soethea, and their friends, Soethan and Mathai. You can rest assured that, between the six of them, your every need, from Wi-Fi connection, to tuk-tuk chauffeur services, basic informal Khmer classes, and laundry services will be more than well-provided for. Harvest Inn has accommodation in several

permutations, from 2-bedders to 7-bedders, all equipped with electrical power-points and private in-room toilet and hot shower facilities. Daily breakfast is also available, and comes highly recommended. There is nothing quite like a piping hot Cambodian baguette stuffed with bak hu (pork floss) to start your day!

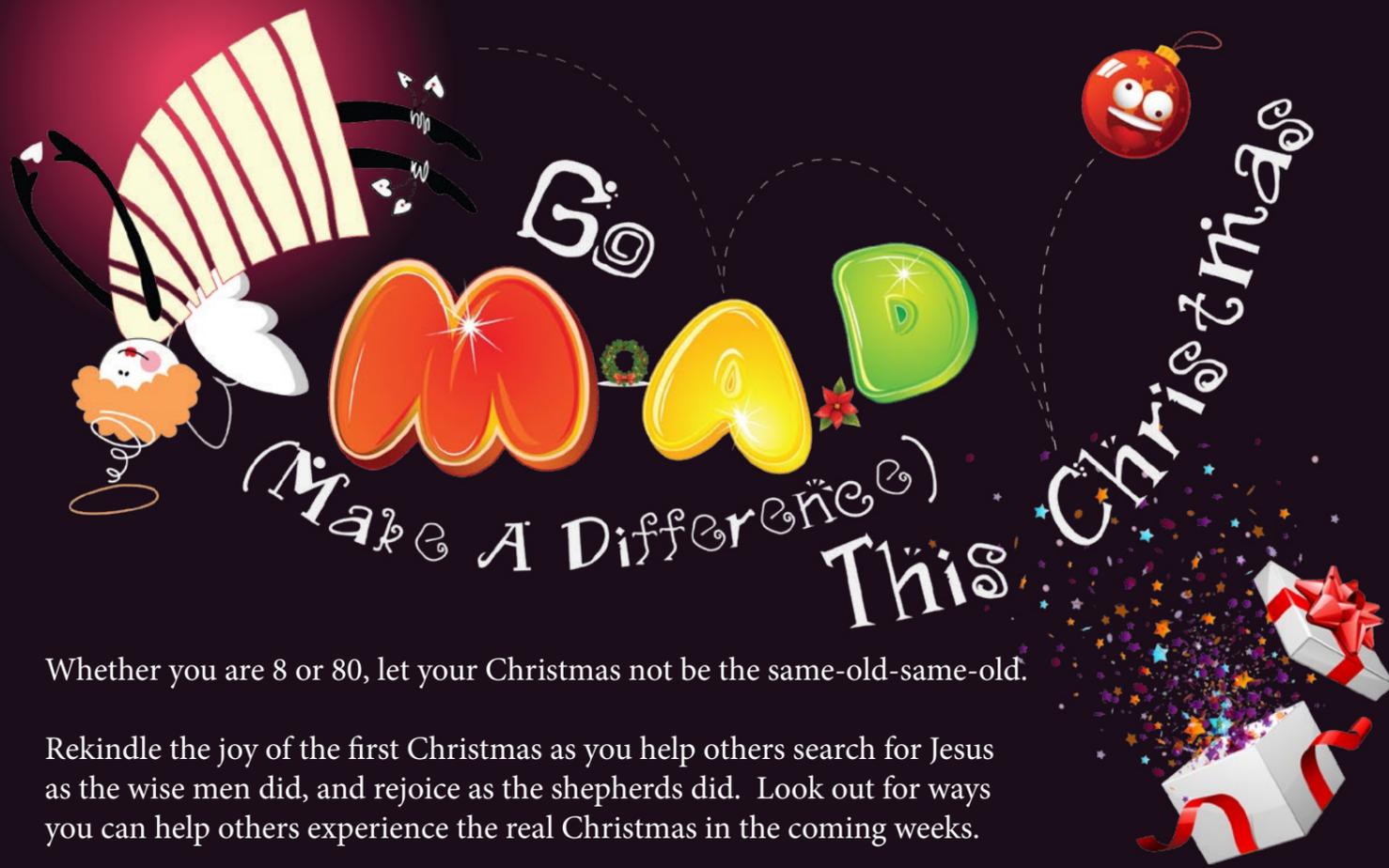
The life of Harvest Inn began in 2008 where our missionaries, the Chengs (Jacob, and his wife Wai Cheng) and the Lowes, (Kevin, and his wife Claire), were struck by the lack of employment opportunities in Cambodia. They were moved by God to provide the locals with a decent means of livelihood through practical training and Christian discipleship, and thus, Harvest Inn was conceived. Every accommodation booked at Harvest Inn simply means that you are contributing to the continued betterment of the lives of Cambodians. In fact, each staff member, young as they may be, has a poignant story to tell of the grim realities of life in Cambodia and how God continues to give

them hope and confidence in their future through their employment in Harvest Inn.

Chamti, for example, would tell you that he aspires to be a businessman in the recycling business one day, in between his tuk-tuk responsibilities! Mathai, on the other hand, loves to sing, and will shyly render you an acapella version of her favorite Khmer Christian song if asked nicely. To the Chengs and the Lowes, Harvest Inn's staff members are not employees; rather, they are fellow brothers and sisters-in-Christ, whose lives they wish to impact with Jesus' love. If you would like to look past the touristy veneer of Phnom Penh, Harvest Inn will certainly guarantee a glimpse of Cambodia that you would not see through your photographic lens.

* Malay term literally meaning "hole". It means "tip" or "opening" or "contacts".

Harvest Inn
10A, Phlaur Lum (off St.371), RusseyKeo,
Phnom Penh, Cambodia | +855-(0) 9279
2113 | contact@harvestinnonline.com
Like them on Facebook



Whether you are 8 or 80, let your Christmas not be the same-old-same-old.

Rekindle the joy of the first Christmas as you help others search for Jesus as the wise men did, and rejoice as the shepherds did. Look out for ways you can help others experience the real Christmas in the coming weeks.

SERVICES

Volunteer your services through www.tmc.org.sg/servegod.html or the church office. All contact persons can be reached through the church office.

Pa Crew. If you can play a CD, slide / flick a switch up and down, plug a plug into a socket, and have a pair of functioning ears, our PA crew needs about seven of you. All other training will be provided. Contact Patricia Zoey Tan at patriciazoeytan@gmail.com

Soccer Coaches Needed! Every Saturday, 2pm-5pm, Field opp. Blk 125, Serangoon North Ave 1. Contact 123 Soccer ministry aims to use soccer as a tool to impact the lives of youths in the neighbourhood. Providing the youths with the opportunity to compete on a team and helping them to develop important life skills. We currently have about 20 boys on our team. Contact Jestyn at jestyn@tmc.org.sg

Hospitality Ministry. The Hospitality Ministry is a service of smiles and simple helps. We would love to have you join our ushers and greeters for one, two or more Sundays. All ages are welcome. The only special skills required - a warm smile, a friendly handshake and a willingness to serve at a TMC service of your preference. Ushers & Greeters help worshippers experience an inviting atmosphere when they enter the Lord's house for worship. Contact Shuwen at shuern@gmail.com

Volunteer Drivers Drivers needed to pick up and send back elderly people who want to attend the Yum Cha session on the 1st Wednesday of every month. If you can help in or around the Serangoon Garden area, please contact Victor Seah at vseah@singnet.com.sg

EVENTS

Wed, Nov 7, Dec 5 and every 1st Wed of the month
10.00am – 12.00pm

Yum Cha@10 is an opportunity for people to come together for fellowship, and serves as a platform for TMC-ers to meet one another as well as non-Christians in the community mid-week. Devotions in Nov and Dec will be on how to handle one's dishonesty and unforgiveness. <http://www.tmc.org.sg/regular.html#yumcha>

Sat, Nov 10
2.00 - 5.00pm

Befrienders' Training – Public Assistance & Poverty Simulation
www.tmc.org.sg/osc.html

Wed, Nov 14, Dec 12 and every 2nd Wed of the month
3.00 – 5.00pm

Tea @ 3 organised by Glowing Years Ministry

Sat, Nov 17

TMC Kindergarten Graduation Camp
www.tmc.org.sg/kindergarten.html

Sun, Nov 18, Dec 16 and every 3rd Sunday thereafter

WSCS Visitation to Homebound. Those interested to cheer up old folks, please contact Lucy Chan at 9748 2733.

Thurs, 22 Nov
1.00 – 5.00pm

Contact 123 Outing to Toa Payoh Safra Kids Amaze. Please contact Jestyn in the church office / jestyn@tmc.org.sg to volunteer to chaperone.

Sat, 24 Nov
2.00 – 5.00pm

Contact 123 vs Wesley Youth Centre Soccer Friendly.

Sun, Nov 25, Dec 30 and every last Sunday of the month
9.00am

Visit to Institute of Mental Health by Outreach & Social Concerns
Contact Yvonne Tan at 9091 8589 / yvnn_tan@yahoo.com
www.tmc.org.sg/osc.html

Tues, 27 Nov
9.00am – 5.00pm

Contact 123 P6 Cycling Adventure at Pulau Ubin. Please contact Jestyn in the church office / jestyn@tmc.org.sg to volunteer to chaperone.

Thurs, Nov 29, Dec 27 and every last Thurs of the month
10.00am – 12.00pm

St Luke's Eldercare Centre Devotions at Blk 217 Serangoon Ave 4 on how to handle one's inferiority and temptations. TMC's ministry to SLEC brings hope, help and the love of Christ to many elderly.
www.tmc.org.sg/osc.html#slec

Sun, Dec 2
10.30am - 12.30pm

WSCS Christmas Carols to the Homebound. Contact Lucy Chan at 9748 2733 to serve.

Dec 6-10

Youth Camp.
Like Victory 2012 : tmcym camp on Facebook

Dec 6-10

Children's Ministry Mission trip to Cambodia
www.tmc.org.sg/cm.html

Sat, Dec 8
4.00 – 7.00pm

GYM Christmas Thanksgiving potluck dinner

Sat, Dec 22
10.00am - 12.30pm

WSCS Christmas Party or Gospel Mission for the Blind. To meet at church at 9.30am. Please contact Lucy Chan at 9748 2733 to serve.

2.00 – 5.00pm

Contact 123 Christmas Party. Please contact Jestyn in the church office / jestyn@tmc.org.sg to serve.

Tues, Dec 25

Christmas Day and Baptism of Infants and Children

Mon, Dec 31

Watchnight Covenant Renewal Service

Wed, Jan 12

Deepen your personal worship by picking up the ukulele at the Beginners' Ukulele Class. Registration closes on 22 Dec. A non-refundable registration fee of \$20 applies. Please register through the church office.
www.tmc.org.sg/regular.html#ukulele

Every Fri
9.15-11.15am

WSCS Bible Study on Psalms by Mrs Esther Wong
<http://www.tmc.org.sg/highlights.html#wscsbs>

8.00 – 10.00pm

Healing Ministry in the Prayer Chapel

Every Sat fortnightly
9.00 – 11.00am

Fellowship of Ukulelians meet to fellowship and play the ukulele of course
www.tmc.org.sg/regular.html#ukulele

Every Sat

9.00 am – 12.00pm

Contact 123 IT Courses from basic computer, to the use of Facebook and movie-making.
<http://www.tmc.org.sg/c123/c123course.pdf>

Every Sat

2.00 pm – 4.00pm

Contact 123 - Soccer Training at Blk 143 Serangoon North Avenue 1.
<http://www.facebook.com/Contact123>

Every 2nd and 4th Sunday
7.30 – 8.30am

Church Prayer Meeting in Prayer Chapel
www.tmc.org.sg/prayer.html

Further details on TMC's events can be found at www.tmc.org.sg



Going Green!

Starting from the next issue of the Saltshaker, we will be distributing the magazine in church. We will only mail to you a hard copy of the Saltshaker if you return the form below, fully completed and legible. Or You can write to tmccomms@gmail.com.

You can also download a soft copy of the Saltshaker from the Download section of our web page www.tmc.org.sg



Yes, I would like to receive a copy of the Saltshaker by mail.

Name: (Dr/Mr/Mrs/Ms/Miss)

Address:

Please return this form to the church office by hand or post it to:

Trinity Methodist Church
34 Serangoon Garden Way
Singapore 555940
Attn: Communications – Saltshaker

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Resource

stock.XCHNG (www.sxc.hu)
All-free-download.com
anamcr.deviantart.com/
regularjane.deviantart.com
robinlclark.wordpress.com
depositphotos.com

Printer

Lithographic Print House Pte Ltd

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